



INTEGRATED REHABILITATION GROUP PC (IRG)
AGREEMENT OF RELEASE AND WAIVER OF LIABILITY

Name: _____ **Date of Birth:** _____

If not a current patient with us, please provide a phone number: _____

Name/Phone of Emergency Contact: _____

Do you have any physical limitations that could be aggravated by exercise (i.e. back, knee pain)?

If so, please explain:

It is your responsibility to inform the instructor of your limitations before class begins.

I represent and warrant that I am in good physical health and do not suffer from any medical condition which would limit my participation in the classes offered at IRG Center for Structural Medicine. I understand that it is my responsibility to consult with a physician prior to and regarding my participation in any of the yoga or MELT classes, programs, or workshops. I understand the risks associated with the activities offered by IRG Center for Structural Medicine and I agree to follow all instructions so that I may safely participate in classes, workshops, or other activities. I hereby WAIVE AND RELEASE IRG Center for Structural Medicine, its owners, officers, employees, and instructors from any claim, demand, cause of action of any kind resulting from or related to my participation in the programs offered at the facility. In taking part in the yoga or MELT classes, workshops, or other activities at IRG Center for Structural Medicine, I understand and acknowledge that I am fully responsible for any and all risks, injuries, or damages, known or unknown, which might occur as a result of my participation in the classes, workshops, or other activities. I have read the above release and waiver of liability and fully understand its content. I am legally competent to sign and voluntarily agree to the terms and conditions stated above.

Print name: _____

Signature: _____ Date Signed: ____/____/____

If participant is under 18:

As Parent or Legal Guardian of _____, I consent to the above terms and conditions.

Print name: _____ Signature: _____

Date Signed: ____/____/____