

Patient: _____ DOB: _____ Phone: _____

Diagnosis: _____ ICD-10: _____

☐ Precautions: _____

☐ Therapist evaluate and determine use of procedures, modalities, and/or frequency of treatment

☐ Custom splinting: _____

Treatment frequency: _____ x per week for _____ weeks Provider recheck date: _____

Provider signature: _____ Provider print: _____ Date: _____

FAX ALL REFERRALS TO IRG CONCIERGE 425.541.8355

We will match your patient with the best therapist — suited to their diagnosis, location and insurance.

SPECIALIZED SERVICES:

IRG's specialized services are offered at multiple locations throughout the Pacific Northwest. See the back page for a complete list of our clinics.

- ☐ Astym® therapy
- ☐ Balance and falls prevention
- ☐ BFR (Blood Flow Restriction)
- ☐ Bowen therapy
- ☐ IRG Brain Fit
- ☐ Gait analysis
- ☐ GYROTONIC® method
- ☐ Kinesio taping
- ☐ LSVT Big
- ☐ Lymphedema treatment
- ☐ Massage therapy
- ☐ Myofascial decompression
- ☐ Nutrition
- ☐ Orthotic fabrication
- ☐ Pediatric physical, speech and occupational therapy
- ☐ TMJ disorder
- ☐ Vestibular rehabilitation
- ☐ Women's & men's health

And more...

INSURANCE LISTING:

IRG can assist in verifying your insurance.
We accept most insurance plans including:

- Aetna
- BlueCard
- UnitedHealthcare - Commercial & Medicare Advantage
- Community Health Plan of WA
Apple Health & Medicare Advantage
- Cigna
- First Choice Network
- Humana Commercial & Medicare Advantage
(contract terming 12/31/25)
- Kaiser - PPO
- Kaiser - Medicare Advantage & HMO (select locations only)
- Medicare (Traditional)
- Molina - Apple Health, Marketplace & Medicare Advantage
- OptumCare Network
- PacificSource PPO
- PHCS
- PNOA
- Premiera Blue Cross
- Lifewise Health Plan of WA
- Providence Health Plan
- Regence BlueShield - Commercial & Medicare Advantage
- Tricare - TriWest
- VA - TriWest
- Workers compensation – self insured, L&I, OWCP

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We will match your patient with the best therapist —
suited to their diagnosis, location and insurance.

OUR CLINICS

☐ ANACORTES - Hand Therapy Offered

 3201 Commercial AVE | Anacortes
P: 360.682.0361 • F: 360.209.6601

☐ ARLINGTON

7728 204th ST NE, Suite A | Arlington
P: 360.403.8250 • F: 360.403.0917

☐ BELLEVUE - Hand Therapy Offered

 1200 112th AVE NE, Suite C-186 | Bellevue
P: 425.827.5877 • F: 425.827.5843

☐ BONNEY LAKE - Hand Therapy Offered

 9411 192nd AVE E, Building D, Suite E | Bonney Lake
P: 253.268.5105 • F: 253.258.3298

☐ BOTHELL - Hand Therapy Offered

 18606 Bothell Way NE | Bothell
P: 425.686.7657 • F: 425.606.3192

☐ CAMANO ISLAND

848 N Sunrise BLVD, Suite F104 | Camano Island
P: 360.386.7051 • F: 360.386.3588

EDMONDS

☐ EDMONDS - Hand Therapy Offered

 7315 212th ST SW, Suite 104 | Edmonds
P: 425.774.3226 • F: 425.670.1406

☐ HARBOR SQUARE

190 W Dayton ST, Suite 202 | Edmonds
P: 425.582.8118 • F: 425.582.7420

EVERETT

☐ EVERETT (formerly Pac Hand) Hand Therapy Offered

 **Pediatric Therapy Offered*
3732 Colby AVE | Everett
P: 425.374.2846 • F: 425.374.3272

☐ EVERGREEN

5029 Evergreen WAY | Everett
P: 425.252.1642 • F: 425.258.1824

☐ NORTH EVERETT

1332 Colby AVE | Everett
P: 425.470.4040 • F: 425.492.9355

☐ SILVER LAKE

10207 19th AVE SE | Everett
P: 425.337.3166 • F: 425.338.4596

☐ GRANITE FALLS

403 W Stanley ST | Granite Falls
P: 360.691.4835 • F: 360.691.2545

☐ ISSAQUAH HIGHLANDS - Hand Therapy Offered

 2525 NE Park DR, Suite C | Issaquah
P: 425.686.7654 • F: 425.341.9041

MARYSVILLE

☐ MARYSVILLE Work Rehab & Hand Therapy Offered

 919 State AVE, Suite 101 | Marysville
P: 360.386.7405 • F: 360.386.7406

☐ SMOKEY POINT - Hand Therapy Offered

 2707 171st PL NE, Suite 101 | Marysville
P: 360.386.7401 • F: 360.386.7402

MILL CREEK

☐ GATEWAY

4220 132nd ST SE, Suite 101 | Mill Creek
P: 425.686.7655 • F: 425.341.9060

☐ MILL CREEK

15808 Mill Creek Blvd, Suite 120 | Mill Creek
P: 425.225.6867 • F: 425.332.2494

☐ MOUNTLAKE TERRACE

24015 Van Ry Blvd, Suite 400 | Mountlake Terrace
P: 425.686.7659 • F: 425.633.1452

☐ MUKILTEO

11700 Mukilteo Speedway, Suite 503 | Mukilteo
P: 425.349.9692 • F: 425.349.9694

☐ OAK HARBOR - Hand Therapy Offered

 275 SE Cabot DR, Suite A-05 | Oak Harbor
P: 360.914.5504 • F: 360.639.4079

☐ SAMMAMISH

22620 SE 4th ST, Suite 240 | Sammamish
P: 425.200.0054 • F: 425.636.3272

SEATTLE

☐ BALLARD - Hand Therapy Offered

 2821 NW Market ST, Suite B | Seattle
P: 206.706.0063 • F: 206.508.1265

☐ FREMONT - Sports Institute

 1103 N 36th ST | Seattle
P: 206.206.1367 • F: 206.206.1365

☐ GREENWOOD - Hand Therapy Offered

 514 N 85th ST | Seattle
P: 206.900.8883 • F: 206.962.3792

☐ NORTH SEATTLE

13242 Aurora AVE N, Suite 103 | Seattle
P: 206.420.0221 • F: 206.420.0227

☐ SOUTH LAKE UNION - ONLY Hand Therapy Offered

 1700 Westlake Ave N, Suite 100 | Seattle
Lake Union Building
P: 206.752.6837 • F: 206.701.3398

☐ WALLINGFORD - Hand Therapy Offered

 1815 N 45th ST, Suite 202 | Seattle
P: 206.752.6837 • F: 206.701.3398

☐ WASHINGTON ATHLETIC CLUB

1325 6TH AVE | Seattle
P: 206.539.2414 • F: 206.614.0362

☐ SNOQUALMIE RIDGE

35323 SE Douglas ST, Suite 210 | Snoqualmie
P: 425.292.1477 • F: 425.363.1068

SPOKANE

☐ PARKSIDE

2223 W Wellesley AVE, Suite D | Spokane
P: 509.323.0066 • F: 509.323.0067

ELLENSBURG

☐ ARGONAUT PEAK PHYSICAL THERAPY

722 E University Way | Ellensburg
P: 509.962.1553 • F: 509.492.4374

IDAHO

☐ RIVERSIDE PHYSICAL THERAPY

150 126th ST | Orofino
P: 208.476.7105 • F: 208.476.7233

SOUTH SOUND PHYSICAL & HAND THERAPY

SOUTHSOUNDTHERAPY.COM

OLYMPIA

☐ MARKET PLACE OLYMPIA

111 Market ST NE, Suite 108 | Olympia
P: 360.754.7085 • F: 360.754.3671

☐ WEST OLYMPIA

 *Hand Therapy Offered*
1651 Cooper Point RD SW | Olympia
P: 360.956.1100 • F: 360.956.1113

☐ SS INDUSTRIAL & HAND THERAPY

300 Lilly RD NE, Suite B | Olympia
P: 360.352.7352 • F: 360.352.7680

☐ LACEY

 *Hand Therapy Offered*
5215 Corporate Center CT SE, Suite D | Lacey
P: 360.455.8155 • F: 360.455.1655

☐ TACOMA

 *Hand Therapy Offered*
4704 Bridgeport WAY W
University Place, WA 98466
P: 253.272.6910 • F: 253.383.4218

NORTHWEST SPORT & SPINE

NWSPORTANDSPINE.COM

☐ MONROE

17792 147th ST SE | Monroe
P: 360.464.4358 • F: 360.217.4569

For more information: IRGPT.COM