REFERRAL FORM

IRG PHYSICAL THERAPY | HAND THERAPY
YOUR BEST SELF

South Sound
Physical & Hand Therapy
An affiliate of IRG Physical & Hand Therapy

NORTHWEST SPORT AND SPINE
An affiliate of IRG Physical & Hand Therapy

Patient: _____ DOB: _____ Phone: _____

Diagnosis: _____ ICD-10: _____

☐ Precautions: _____

_____

☐ Therapist evaluate and determine use of procedures, modalities, and/or frequency of treatment

☐ Custom splinting: _____

_____

Treatment frequency: _____x per week for _____ weeks Provider recheck date: _____

Provider signature: _____ Provider print: _____ Date: _____

FAX ALL REFERRALS TO IRG CONCIERGE 425.541.8355

We will match your patient with the best therapist — suited to their diagnosis, location and insurance.

SPECIALIZED SERVICES:

IRG's specialized services are offered at multiple locations throughout the Pacific Northwest. See the back page for a complete list of our clinics.

- ☐ Astym® therapy
- ☐ Balance and falls prevention
- ☐ BFR (Blood Flow Restriction)
- ☐ IRG Brain Fit
- ☐ Gait analysis
- ☐ GYROTONIC® method
- ☐ Kinesio taping
- ☐ LSVT Big
- ☐ Lymphedema treatment
- ☐ Massage therapy
- ☐ Myofascial decompression
- ☐ Nutrition
- ☐ Orthotic fabrication
- ☐ Pediatric physical, speech and occupational therapy
- ☐ TMJ disorder
- ☐ Vestibular rehabilitation
- ☐ Women's & men's health

And more...

INSURANCE LISTING:

IRG can assist in verifying your insurance.
We accept most insurance plans including:

- Aetna
- BlueCard (eligible out-of-state BCBS plans)
- UnitedHealthcare - Commercial & Medicare Advantage (including AARP)
- Community Health Plan of WA - Apple Health & Medicare Advantage
- Cigna - Commercial
- First Choice Health Network
- Kaiser - PPO
- Kaiser - Medicare Advantage & HMO (select locations only)
- Medicare (Traditional & Railroad)
- Medicare Supplement
- PHCS
- Premera Blue Cross
- LifeWise Health Plan of WA
- Providence Health Plan
- Regence BlueShield
- Asuris Northwest
- Prime Health Services (PHS) - PPO
- TRICARE - TriWest
- VA - TriWest (approved authorization required)
- Washington Apple Health / Medicaid (DSHS)
- Workers' Compensation - Self-Insured, L&I, OWCP

IMPORTANT NOTES

NWRA Networks: Limited to Physical and Occupational Therapy. Excluded locations are Camano Island, Oak Harbor, and Sports Institute.
Exception: Oak Harbor participates with select Kaiser Permanente plans.

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OUR CLINICS

☐ **ANACORTES** - *Hand Therapy Offered*
3201 Commercial AVE | Anacortes
P: 360.682.0361 • F: 360.209.6601

☐ **ARLINGTON**
7728 204th ST NE, Suite A | Arlington
P: 360.403.8250 • F: 360.403.0917

☐ **BELLEVUE** - *Hand Therapy Offered*
1200 112th AVE NE, Suite C-186 | Bellevue
P: 425.827.5877 • F: 425.827.5843

☐ **BONNEY LAKE** - *Hand Therapy Offered*
9411 192nd AVE E, Building D, Suite E | Bonney Lake
P: 253.268.5105 • F: 253.258.3298

☐ **BOTHELL** - *Hand & Massage Therapy Offered*
18606 Bothell Way NE | Bothell
P: 425.686.7657 • F: 425.606.3192

☐ **CAMANO ISLAND**
848 N Sunrise BLVD, Suite F104 | Camano Island
P: 360.386.7051 • F: 360.386.3588

EDMONDS

☐ **EDMONDS** - *Hand Therapy Offered*
7315 212th ST SW, Suite 104 | Edmonds
P: 425.774.3226 • F: 425.670.1406

EVERETT

☐ **EVERETT** *(formerly Pac Hand) Hand Therapy Offered*
3732 Colby AVE | Everett
P: 425.374.2846 • F: 425.374.3272

☐ **EVERGREEN**
5029 Evergreen WAY | Everett
P: 425.252.1642 • F: 425.258.1824

☐ **NORTH EVERETT**
1332 Colby AVE | Everett
P: 425.470.4040 • F: 425.492.9355

☐ **SILVER LAKE** *Massage Therapy Offered*
10207 19th AVE SE | Everett
P: 425.337.3166 • F: 425.338.4596

☐ **GRANITE FALLS**
403 W Stanley ST | Granite Falls
P: 360.691.4835 • F: 360.691.2545

☐ **ISSAQUAH HIGHLANDS** - *Hand Therapy Offered*
2525 NE Park DR, Suite C | Issaquah
P: 425.686.7654 • F: 425.341.9041

MARYSVILLE

☐ **MARYSVILLE** *Work Rehab, Hand & Massage Therapy Offered*
919 State AVE, Suite 101 | Marysville
P: 360.386.7405 • F: 360.386.7406

☐ **SMOKEY POINT** *Hand Therapy Offered*
2707 171st PL NE, Suite 101 | Marysville
P: 360.386.7401 • F: 360.386.7402

MILL CREEK

☐ **GATEWAY** *Nutritional Counseling Offered*
4220 132nd ST SE, Suite 101 | Mill Creek
P: 425.686.7655 • F: 425.341.9060

☐ **MILL CREEK** *Hand Therapy Offered*
15808 Mill Creek Blvd, Suite 120 | Mill Creek
P: 425.225.6867 • F: 425.332.2494

☐ **MOUNTLAKE TERRACE**
24015 Van Ry Blvd, Suite 400 | Mountlake Terrace
P: 425.686.7659 • F: 425.633.1452

☐ **MUKILTEO**
11700 Mukilteo Speedway, Suite 503 | Mukilteo
P: 425.349.9692 • F: 425.349.9694

☐ **OAK HARBOR** - *Hand Therapy Offered*
275 SE Cabot DR, Suite A-05 | Oak Harbor
P: 360.914.5504 • F: 360.639.4079

☐ **SAMMAMISH**
22620 SE 4th ST, Suite 240 | Sammamish
P: 425.200.0054 • F: 425.636.3272

SEATTLE

☐ **BALLARD** *Hand & Massage Therapy Offered*
2821 NW Market ST, Suite B | Seattle
P: 206.706.0063 • F: 206.508.1265

☐ **FREMONT - Sports Institute**
1103 N 36th ST | Seattle
P: 206.206.1367 • F: 206.206.1365

☐ **GREENWOOD** - *Hand & Massage Therapy Offered*
514 N 85th ST | Seattle
P: 206.900.8883 • F: 206.962.3792

☐ **NORTH SEATTLE**
13242 Aurora AVE N, Suite 103 | Seattle
P: 206.420.0221 • F: 206.420.0227

☐ **SOUTH LAKE UNION** - ***ONLY*** *Hand Therapy Offered*
1700 Westlake Ave N, Suite 100 | Seattle
Lake Union Building
P: 206.752.6837 • F: 206.701.3398

☐ **WALLINGFORD** - *Hand Therapy Offered*
1815 N 45th ST, Suite 202 | Seattle
P: 206.752.6837 • F: 206.701.3398

☐ **WASHINGTON ATHLETIC CLUB**
1325 6TH AVE | Seattle
P: 206.539.2414 • F: 206.614.0362

☐ **SNOQUALMIE RIDGE**
35323 SE Douglas ST, Suite 210 | Snoqualmie
P: 425.292.1477 • F: 425.363.1068

SPOKANE

☐ **PARKSIDE**
2223 W Wellesley AVE, Suite D | Spokane
P: 509.323.0066 • F: 509.323.0067

ELLENSBURG

☐ **ARGONAUT PEAK PHYSICAL THERAPY**
722 E University Way | Ellensburg
P: 509.962.1553 • F: 509.492.4374

IDAHO

☐ **RIVERSIDE PHYSICAL THERAPY**
150 126th ST | Orofino
P: 208.476.7105 • F: 208.476.7233

SOUTH SOUND PHYSICAL & HAND THERAPY

An affiliate of IRG Physical & Hand Therapy

OLYMPIA

☐ **MARKET PLACE** - *Hand Therapy Offered*
111 Market ST NE, Suite 108 | Olympia
P: 360.754.7085 • F: 360.754.3671

☐ **WEST OLYMPIA**
Hand & Massage Therapy Offered
1651 Cooper Point RD SW | Olympia
P: 360.956.1100 • F: 360.956.1113

☐ **SS INDUSTRIAL & HAND THERAPY**
300 Lilly RD NE, Suite B | Olympia
P: 360.352.7352 • F: 360.352.7680

☐ **LACEY**
Hand Therapy Offered
5215 Corporate Center CT SE, Suite D | Lacey
P: 360.455.8155 • F: 360.455.1655

☐ **TACOMA**
Hand Therapy Offered
4704 Bridgeport WAY W
University Place, WA 98466
P: 253.272.6910 • F: 253.383.4218

NORTHWEST SPORT & SPINE

NWSPORTANDSPINE.COM

☐ **MONROE**
17792 147th ST SE | Monroe
P: 360.464.4358 • F: 360.217.4569

For more information: IRGPT.COM