



IRG Physical & Hand Therapy - Arlington

At IRG Physical & Hand Therapy - Arlington that sense of community pride is reflected. A long standing staple of Arlington, this IRG clinic was one of the first to open its doors in 1996. Since then, this conveniently located IRG clinic has been offering full service rehabilitation and hand therapy, with a wide range of experience, tools and techniques. Our highly trained therapists are happy to get you back to work or play, and enjoying all that Arlington has to offer.

Arlington, Washington is a small, vibrant city that has a hometown feeling all its own. This family friendly area is home to numerous parks, trails, and mixed-use open spaces for everyone to enjoy. The sense of pride felt by Arlington residences is a testament to its sense of community. IRG Physical & Hand Therapy is proud to be part of this community for over 23 years.

HOURS

Monday: 7:00 A.M. - 7:00 P.M.

Tuesday: 7:00 A.M. - 7:00 P.M.

Wednesday: 7:00 A.M. - 7:00 P.M.

Thursday: 7:00 A.M. - 7:00 P.M.

Friday: 7:00 A.M. - 7:00 P.M.

Our Staff

Jonette Ford

DPT

Chris LaPolla

PT, CLINIC DIRECTOR

Barak Pearson

PTA, CO-CLINIC DIRECTOR

Sean Sadler

PT

Our Services

Physical Therapy

Sports Injury Rehabilitation, Spine Rehabilitation, Geriatric Rehabilitation, Pre and Post-Surgical Rehabilitation, Manual Therapy

Hand Therapy

Scar Management, Hand/Upper Extremity Rehabilitation, Desensitization/Sensory Re-education, Astym® Hand Therapy, Pre and Post-Surgical Hand Rehabilitation, Geriatric Hand Therapy, Hand Kinesio Taping

Specialized Therapy

Balance and Falls Prevention, Gait Analysis, Aquatic Therapy, Work Conditioning, Vestibular Rehabilitation, Astym® Therapy, Pediatric Physical Therapy, Temporomandibular Joint Disorders, Kinesio Taping

Workplace Services

Work Conditioning