



## IRG Physical & Hand Therapy – Edmonds

Edmonds, Washington is a beautiful city facing the Puget Sound and the Olympic Mountains. Located 15 miles from Seattle, Edmonds is one of the largest cities in the county. Edmonds has an abundance of outdoor activities. Its location offers plenty of amazing views, cute shops downtown, restaurants, and parks and hikes to spend all the time you want enjoying the Pacific Northwest.

For over 20 years IRG Physical & Hand Therapy – Edmonds, has been providing physical and hand therapy services to the Greater Snohomish & King counties. We have remained dedicated to the education of patients regarding the causes and treatment options for their specific conditions.

### HOURS

**Monday:** 7:00 A.M. – 6:00 P.M.  
**Tuesday:** 7:00 A.M. – 6:00 P.M.  
**Wednesday:** 7:00 A.M. – 6:00 P.M.  
**Thursday:** 7:00 A.M. – 6:00 P.M.  
**Friday:** 7:00 A.M. – 6:00 P.M.

## Our Staff

### Shawn Cates

PT, CLINIC DIRECTOR

### Grace Bird Ellison

PT, DPT

### Addina Henry

OTR/L

### Colin Kruse

DPT

### Malorie Larson

PT, DPT

## Our Services

### Physical Therapy

Geriatric Rehab, Manual Therapy, McKenzie Method, Pre and Post-Surgical Rehab, Sports Injury Rehabilitation

### Hand Therapy

Desensitization/Sensory Re-education, Hand/Upper Extremity Rehabilitation, Pediatric Hand Therapy

### Specialized Therapy

Astym®, Balance and Falls Prevention, Ergonomic Analysis, Gait Analysis, Orthotic Fabrication, Vestibular Rehabilitation, Work Conditioning

### Workplace Services

Ergonomic Analysis, Work Conditioning