



## IRG Physical & Hand Therapy – Greenwood

The Greenwood neighborhood is a hip urban community in Northern Seattle. Coffeehouses, antique stores, bars, and eclectic restaurants and shops line the main drag along 85th. Greenwood is a great combination of amenities that urbanites and families alike are drawn to.

IRG Physical & Hand Therapy – Greenwood offers ASTYM, manual therapy, pre & post-surgical rehab, neck & spine rehab, sports injury rehab, orthopedic rehab, worker's injuries, free injury screens and more. Our clinic offers initial evaluations within 24-48 hours and accepts the majority of insurance plans.

### HOURS

**Monday:** 8:00 A.M. – 7:00 P.M.

**Tuesday:** 8:00 A.M. – 7:00 P.M.

**Wednesday:** 8:00 A.M. – 7:00 P.M.

**Thursday:** 8:00 A.M. – 7:00 P.M.

**Friday:** 8:00 A.M. – 5:00 P.M.

## Our Staff

### Jeremy Domina

MS, OTR/L, CHT

### Young Jee Filer

PT, DPT, OCS, CLINIC DIRECTOR

### Lauren Deiparine

DPT

## Our Services

### Physical Therapy

Pre and Post-Surgical Rehab, Manual Therapy, Sports Injury Rehabilitation, Geriatric Rehab

### Hand Therapy

Upper Extremity Orthosis Fabrication, Scar Management, Desensitization/Sensory Re-education

### Specialized Therapy

Astym®, Massage Therapy, Vestibular Rehabilitation, Work Conditioning, Balance and Falls Prevention

### Workplace Services

Work Conditioning