



IRG Physical Therapy – Parkside

Spokane, Washington is an affordable city with easy access to trails, lakes, ski resorts and a downtown waterfall. Home to several microbreweries and wineries, it's no wonder Spokane's housing market is growing.

At IRG Physical Therapy – Parkside, we focus on the prevention and rehabilitation of physical injury in an outpatient, fitness-oriented setting. Our approach utilizes proper body mechanics in all activities, as well as functional stretching, strengthening, and endurance programs tailored to your unique needs. We are located in the Red Lion Corporate Building, North of River Front Park, between Washington Street and Division Street. Our clinic is next to the scenic River Front Park just off the Centennial trail.

HOURS

Monday-Friday:

7:00 A.M – 6:00 P.M.

Our Staff

Cody Kenison

PT, DPT, CSCS, CLINIC
DIRECTOR

Rachel Hammack

PT, DPT

Our Services

Physical Therapy

Spine Rehabilitation, Geriatric Rehab, Industrial and Occupational Rehabilitation, Manual Therapy, Pre and Post-Surgical Rehab, Sports Injury Rehabilitation

Specialized Therapy

Work Conditioning, Vestibular Rehabilitation, Balance and Falls Prevention, Gait Analysis, Astym®

Workplace Services

Industrial and Occupational Rehabilitation, Work Conditioning