



Mill Creek - Gateway

IRG Physical & Hand Therapy - Gateway

Our Mill Creek clinic is on the south side of 132nd, across from Archbishop Murphy Highschool. We offer early morning and late evening appointments to accommodate a variety of schedules, and most insurance carriers are accepted. We treat each patient with focused, personalized care so you can return to work, sport or play as quickly as possible.

Mill Creek is approximately 15 miles north of Seattle. Mill creek is a lively, welcoming, and safe community; an excellent destination for shopping and get-togethers, making us proud to serve our community's physical and hand therapy needs.

HOURS

Monday: 7:00am-7:00pm

Tuesday: 7:00am-7:00pm

Wednesday: 7:00am-7:00pm

Thursday: 7:00am-7:00pm

Friday: 7:00am-6:00pm

Saturday: Closed

Sunday: Closed

[REQUEST AN APPOINTMENT](#)

Our Staff

Annalise DuSell

PT, DPT, CSCS, CLINIC DIRECTOR

Kate Huyser

DPT, CSCS, PT

Rebekah Pogwizd

MSOT, OTR/L, CHT

Lauren Astrup

PT, DPT, ASTYM CERT., CERT. VRS

Susan Schroeter

LMT

Evan Goreham

ATC

Mike Hearron

PT, DPT, OCS

Kendall Dougherty

OTD, OTR/L

Our Services

Physical Therapy

Geriatric Rehabilitation, Sports Injury Rehabilitation, Pre and Post-Surgical Rehabilitation, Spine Rehabilitation, Manual Therapy

Hand Therapy

Upper Extremity Orthosis Fabrication, Desensitization/Sensory Re-education, Hand/Upper Extremity Rehabilitation, Scar Management, Manual Hand Therapy, Sports Hand Injury Rehabilitation, Pre and Post-Surgical Hand Rehabilitation, Geriatric Hand Therapy, Hand Kinesio Taping

Specialized Therapy

Balance and Falls Prevention, Vestibular Rehabilitation, Kinesio Taping, Astym® Therapy, Massage Therapy, Active Release Techniques® (ART)

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[Visit IRGPT.COM to learn more](#)