



## Seattle – North Seattle

### IRG Physical Therapy – North Seattle

Our clinic is conveniently located on Aurora Avenue North, and provides a gentle manual therapy approach to minimize pain while maximizing function. We pride ourselves not only on our quality of care, but also on our commitment to actively involve patients in each phase of their care.

[REQUEST AN APPOINTMENT](#)

#### HOURS

**Monday:** 8:00am-7:00pm

**Tuesday:** 7:00am-6:00pm

**Wednesday:** 7:00am-7:00pm

**Thursday:** 7:00am-6:00pm

**Friday:** 7:00am-6:00pm

**Saturday:** Closed

**Sunday:** Closed

*\*Closed daily for lunch 1:00 pm - 2:00 pm\**

North Seattle neighborhoods find themselves connected by Aurora Avenue. With its rich history that spans most of Seattle's development, the North Seattle area has a diverse community. Established neighborhoods are found all around Aurora, making it important to have IRG as its neighborhood clinic.

## Our Staff

**Jennifer Pineda**  
PT, DPT, CLINIC DIRECTOR

**Wendy Peters**  
PT, DPT

**Lauren Cronin**  
PT, DPT, COMT

## Our Services

### Physical Therapy

Geriatric Rehabilitation, Spine Rehabilitation, Pre and Post-Surgical Rehabilitation, Manual Therapy

### Specialized Therapy

Astym® Therapy, Gait Analysis, Balance and Falls Prevention, Kinesio Taping, Vestibular Rehabilitation