



Allister Brookes

MPT, Clinic Director | IRG Physical & Hand Therapy - Snohomish

"I enjoy the outdoors, staying active, and spending time with friends and family."

As a former collegiate football and lacrosse player, Allister has a passion for sports medicine. He brings his active mindset to the clinic each day, helping his patients recover and return to their favorite activities, whether it's competitive sports, hiking or gardening.

Education

- Master of Physical Therapy, University of St. Augustine
- Bachelor of Psychology, University of Washington

SPECIALIZED TRAINING

- Astym®
- Functional Capacity Evaluations
- Spine & Extremities