



Benedict J. Cooley

PT, Clinic Director | Camano Island

"The best part of my job is getting to know patients beyond just their injury. People don't care how much you know until they know how much you care."

Ben's goal is to get you back to work, back in the game or back to whatever it is that you love! He has been successfully doing so for 22 years. Ben's treatment style is to first make sure you understand the nature of your injury, condition, disease or dysfunction and then together work a plan designed to overcome it. Ben enjoys working with patients of all ages. He utilizes manual therapy, instrument assisted soft tissue mobilization, taping techniques, therapeutic exercise, and home program instruction to help patients restore normal function. To relax, Ben enjoys boating, scuba diving, playing guitar, and working in the yard.

Education

- Master of Physical Therapy, College of Osteopathic Medicine of the Pacific (COMP), 1996
- Bachelor's degree, Biology | Seattle Pacific University, 1992
- Clinical Instructor, COMP (Now Western University PT program)
- Clinical instructor, Whatcom Community College (PTA program)

SPECIALIZED TRAINING

- Orthopedic and Sports Injury Rehabilitation
- Industrial / L&I Rehabilitation
- Geriatric Rehabilitation
- McKenzie Method
- Pre and post-surgical Rehabilitation
- Wound Care

Camano Island

848 North Sunrise Blvd.
Suite F104
Camano Island, WA 98282

P: 360.386.7051

F: 360.386.3588

Visit IRGPT.COM to learn more