



Brad Defenbaugh

PT, DPT, SCS, TPI-M3, J2, F2 | IRG Physical Therapy – Sammamish

"No matter what the goal is, there is always a plan to reach it.
It is exciting to guide patients through that plan."

Brad was born in a southwest suburb of Chicago but moved to the PNW to take advantage of the year round outdoor activities the area had to offer. After playing volleyball and golf through high school and college, Brad learned first-hand to appreciate physical therapy.

Education

- Doctorate in Physical Therapy from St. Ambrose University
- Bachelor's in Exercise Science from St. Ambrose University

SPECIALIZED TRAINING

- Coaches Clinic
- Titleist Golf Specialist