



## Chris Roche

MS, CHT, OTR/L | Mount Vernon - Hand Therapy

"I am passionate about providing quality, evidence based practice in a caring environment that educates, and walks patients through the rehab process. All in an effort for the patient to achieve their goals and maximize function."

Chris was raised in Orlando, Florida where he spent the majority of his free time pursuing interests including surfing, kiteboarding and water skiing. After graduate school, Chris and his family moved to Kauai, Hawaii where they continued to pursue their love for the outdoors and the ocean. He and his wife frequently travel to the mountains and enjoy snowboarding and mountain biking when they are not around the water. Chris and family are looking forward to exploring more of the PNW.

### Education

- Master's in Occupational Therapy from Adventist University of Health Sciences, Orlando Florida

### SPECIALIZED TRAINING

- Hand Therapy
- Custom Splinting
- Desensitization/Sensory Reeducation
- Ergonomic Training & Assessment
- Hand/Upper Extremity Rehabilitation
- Post-Operative Care
- Orthotic Fabrication