



Elizabeth Durkin

OTR/L, EAMP IRG Center for Structural Medicine - Ballard

Liz has more than 19 years of experience practicing a variety of healing modalities including Traditional Chinese Medicine and Acupuncture, Acutonics®, Therapeutic Massage, Reiki, Bowen Therapy, and Tensegrity Medicine. She is passionate about supporting people on their journey back to health and believes in the body's innate ability to heal when reconnected to its natural rhythms and harmonies. By combining the medical framework of occupational therapy with Eastern energy models, she addresses musculoskeletal disorders, chronic pain, and autoimmune disorders with a unique holistic approach to encourage well-being and being well.

Education and Professional Memberships

- Master of Occupational Therapy, University of Washington
- AOTA, WOTA
- Master of Acupuncture, Northwest Institute of Acupuncture

SPECIALIZED TRAINING

- Bowen Therapy
- Tensegrity
- Kinesiotaping
- Acupuncture
- Cupping
- Chinese Medicine
- Acutonics® (Sound Healing)