



Grace Bird Ellison

PT, DPT, Clinic Director | Edmonds

"My goal is to empower patients with the knowledge and skills to return to their highest potential."

Grace Bird Ellison has a great love for the outdoors and has been a life-long active competitor in triathlons, marathons, and hiking. Grace knows how important it is to keep your body performing its best and she works to empower her patients to reach their goals for recovery.

Education & Professional Memberships

- Doctorate of Physical Therapy, University of Miami
- Bachelor of Science, Human Physiology, University of Oregon
- American Physical Therapy Association

SPECIALIZED TRAINING

- Astym®
- Balance and Falls Prevention
- Biomechanical Assessment
- Bike Fitting
- Spine Rehabilitation
- Geriatric Rehabilitation
- Ergonomic Analysis