



Jeffery D'Ambrosio

LMT Seattle – Greenwood

"I am dedicated to helping people empower themselves to improve their health and well being through bodywork. "

Jeff's unique approach to bodywork encompasses both structural and functional aspects. His work enhances body flexibility and restores fluidity to the connective tissues, helping in the prevention of injuries and illness and enhancing the overall body performance.

Education & Professional Memberships

- Massage Therapy, 2005 graduate of Brenneke School of Massage
- Member of Associated Bodywork & Massage Professionals

SPECIALIZED TRAINING

- Myofascial Release Therapy
- Deep Tissue Massage
- Trigger Point Therapy
- Acupressure
- Manual Ligament Therapy
- Graston Technique®