



Julia Jarzembowski

LMT | IRG Physical Therapy – Sammamish

Education and Professional Memberships

- Massage Therapy, License #MA.60549262, Bellevue Massage School
- Bachelor of Arts, Human Communication, Arizona State University

SPECIALIZED TRAINING

- Deep Tissue Massage
- Sports Massage
- Trigger Point Therapy
- Relaxation Massage
- Intraoral Massage (TMJD)
- CranioSacral Massage
- Myofascial Release Therapy