



Kaitlin Silva

PT, DPT | Oak Harbor

"I enjoy helping people, and my goal is to work with patients as a team to develop treatment plans that are unique and maximize their potential to reach their goals."

Kaitlin is a born and raised Californian. After completing her undergraduate degree, she made the move North where she loves exploring the beautiful Pacific Northwest with her husband and pup, Scout. In her free time, she enjoys running, hiking and baking. She is excited to return to IRG in Oak Harbor where she was an exercise tech prior to her graduate education.

SPECIALIZED TRAINING

- Post-Operative Care
- Wellness

Education

- Doctorate in Physical Therapy from Pacific University
- Bachelor's in Kinesiology - Exercise Science from Sacramento State University