



Kari McCaffery

OTR/L, CHT | IRG Physical & Hand Therapy - Snohomish | IRG Physical & Hand Therapy - Canyon Park

"I enjoy getting to know my patients so I can focus on what is important to them. This patient-centered approach is key to developing a plan of care that will empower them to reach their goals. "

Kari was born and raised in Wisconsin. After working nine years in Austin, Texas, she recently relocated to the Pacific Northwest with her family. Kari obtained her Hand Therapy credentials through completion of the highest specialized board certification for treatment of hand therapy patients. She enjoys tackling home projects from sewing to painting, and spends time outdoors, running and cycling. Being new to the Pacific Northwest, Kari looks forward to exploring the area with her two young boys.

Education

- Bachelor of Science, Occupational Therapy, University of Wisconsin - La Crosse

SPECIALIZED TRAINING

- Hand/Upper Extremity Rehabilitation
- Desensitization/Sensory Re-education
- Scar Management
- Custom Splinting
- Post-Operative Care