



## Kayla Lindell

OTR/L | Bellevue

"I love working with people on rehabilitating their upper extremity because it is such an impactful area for improving daily function."

Kayla knows that the use of your hands is crucial to enjoying everyday activities. From cooking, piano playing, and exploring amateur art, she has developed an appreciation for hands and a passion for hand therapy.

### SPECIALIZED TRAINING

- Astym®

## Education

- Master of Occupation Therapy, University of Washington
- Bachelor of Science, Biopsychology, University of Michigan