



Laura Helling

COTA/L | Marysville - Smokey Point

"I have been fortunate to work in the field of Occupational Therapy for over 30 years! I value the opportunity to help clients reach their goals through education and personalized care."

Laura loves exploring the Pacific Northwest with her husband and kids. She feels blessed to live in an area with great music, stunning mountains and friendly people!

Education

- Bachelor of Arts, 2013, Phi Kappa Phi, Human Services/Psychology, Western Washington University, Bellingham, WA
- Associates of Arts, 1991, North Seattle Community College
- Occupational Therapy Assistant Certificate, 1985, Columbus, Ohio

SPECIALIZED TRAINING

- Hand Therapy
- Desensitization/Sensory Reduction
- Hand/Upper Extremity Rehabilitation
- Scar Management
- Astym™