



## Rachel Byrne

OTR/L, PBP, Clinic Director | IRG Center for Structural Medicine - Ballard

"I practice healing therapy with a holistic view of health to include physical, occupational, emotional, social, spiritual and environmental needs."

Rachel weaves her passion for outdoor adventure into her holistic approach to therapy. With experience treating a wide range of patients, in various settings, Rachel utilizes creative and realistic interventions, environmental modifications, and family caregiver trainer to treat the complex neurofascial system. She enjoys helping patients live their lives to the fullest.

### Education

- Master of Occupational Therapy, University of New Hampshire

### SPECIALIZED TRAINING

- Bowen Therapist
- Tensegrity Medicine Mentorship Program