



Rachel Hammack

PT, DPT | IRG Physical Therapy – Parkside

Rachel's passion is to educate and empower patients to understand their body and the reason they are having symptoms. Through this approach, she is able to treat the root cause, rather than simply mask symptoms. This allows the patient to successfully return back to what they love.

Education

- Doctorate in Physical Therapy, Chapman University
- Bachelor's Degree, Gonzaga University

SPECIALIZED TRAINING

- Astym® Therapy
- Balance and Falls Prevention
- Biomechanical Assessment
- Pre and Post-surgical Rehabilitation
- Spine Rehabilitation
- Women's Health