



## Sean Sadler

PT IRG Physical & Hand Therapy - Arlington

"I specialize in treating back and neck pain as well as fixing balance problems like vertigo. I can help you regain control of your life!"

Sean has lived all over the world as the son of a U.S. Army officer. He too served as an officer in the U.S. Air Force as an electrical engineer. After leaving the Air Force he changed careers, going back to school to become a physical therapist. He is an avid traveler still and has recently come to the Arlington area to complete his fellowship training in physical therapy. As with most physical therapy professionals, he prefers being outside more than inside, and looking for adventure by taking the path less traveled.

### Education

- Masters in Physical Therapy from the University of Evansville
- Bachelor's in Electrical Engineering from Texas A&M University

### SPECIALIZED TRAINING

- Post-Operative Care
- Astym™
- Balance and Falls Prevention
- Gait Analysis
- Vestibular Rehabilitation
- Back and Neck Pain