



Valerie Tung

OTR/L, PBP, MOT | IRG Pacific Hand Therapy – Everett | IRG Center for Structural Medicine - Ballard

"I believe in focusing on people's strengths and natural motivations to impact their environment, necessary tasks, and physical, lived experience for the better"

Valerie lives for her clients' "Aha!" moments when they realize a critical component in their self-care that enables them to get back to a desired activity. As a PBP (Professional Bowenwork Practitioner) she uses a range of gentle therapies to treat pain, muscle, and fascial dysfunction to improve her clients' healing experience.

Education and Professional Memberships

- Master of Occupational Therapy, University of Washington
- Bachelor of Music, Violin Performance, San Francisco Conservatory of Music
- Member of the American Bowen Academy
- NBCOT

SPECIALIZED TRAINING

- Bowenwork
- Ligament Stimulation / LIFT
- Injury Prevention
- Post-Surgical