



## Young Jee Filer

PT, DPT, OCS, Clinic Director | IRG Physical & Hand Therapy – Greenwood

"The best part of my job is getting to know my patients, individualizing care to meet their specific needs, and actively engaging them in their own care. Physical Therapy should be a fun and empowering experience!"

Young Jee Filer strives to provide compassionate, patient-centered care through manual therapy and functional exercises. Combining over 15 years of clinical experience with current evidence-based medicine, she creates effective, personalized treatments to help each patient meet their goals. When she is not in the clinic, she enjoys training for marathons and traveling with her family.

### Education & Professional Memberships

- Doctorate of Physical Therapy, Temple University
- Master of Physical Therapy, Marquette University
- Bachelor of Arts, Marquette University
- Board-Certified Orthopedic Specialist
- American Physical Therapy Association, Orthopedic and Women's Health Sections
- Physical Therapy Association of Washington

### SPECIALIZED TRAINING

- Astym®
- Biomechanical Assessment
- Gait/Running Analysis
- Orthopedic Manual Therapy
- McKenzie Method
- Pre and Post-surgical Rehabilitation
- Chronic Pain
- Pregnancy & Postpartum